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St. Patrick's Day Food Limericks: Green Recipes for Breakfast, Lunch & Dinner

Celebrate St. Patrick's Day with these three ideas for green food for breakfast, lunch and dinner—and the limericks to go with them!





Whether you spend [St. Patrick's Day](#) enjoying corned beef and cabbage with green beer or going to a parade, it's always fun to do something to celebrate St. Paddy's Day. We've come up with three ways to celebrate Ireland throughout the day: rhyming limericks about green food (plus easy recipes)! We hope it adds a little luck of the Irish into your day and a bit o' green to your meal.

Breakfast: Kale & Fruit Smoothie

[Kale Fruit Smoothie](#)

Not a shamrock milkshake

Smoothies are great to start the day,

Greens and fruit: yum, it's delicious they say.

A meal in a glass,

You can blend it up fast.

Drink it up, now! Then go out and play.

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Shop Kale

Shop Kale

Kale Greens, bunch

Lunch: Quinoa Turkey Sliders with Cilantro Mint Sauce

Honeysuckle White Quinoa Turkey Sliders with Cilantro Mint Sauce

(This limerick only works if you remember to pronounce quinoa as “keen-wah”)

The itsy bitsy slider

There once was a slider for lunch,

Cilantro & mint gives a punch.

Turkey & quinoa:

“Get into my maw!”

(Sure, you can have it for brunch.)

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Shop Cilantro

Cilantro, bunch

Dinner: Brussels Sprouts Au Gratin

Brussels Sprouts Au Gratin

The sprouts you'll be boasting about

When mealtime approaches and eyes look wide,

(Racking your brain for St. Paddy's sides),

Brussels sprouts have no baggage,

Well, they ARE mini cabbage:

Honor Ireland's history with pride.

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Shop Brussels Sprouts

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